

Taking Back Our Inheritance

There is no more time to allow the enemy to divert our attention and focus. When we perceive and believe in the presence of these lower-dimensional entities around us, we remain on the same frequency as they are-enabling them to reveal themselves and disrupt our lives. While they cannot truly harm us, they attempt to influence our minds, instill fear, or provoke emotional distress by interfering in our experiences. That is the extent of their power.

When we reach the point of exhaustion with their threats and the disturbing glimpses of their dimension, we can choose to ignore them entirely-as if they do not exist. In truth, they do not exist within our dimension; rather, it is we who have become open to theirs. We can close the door to their influence by recognizing that they do not belong to our realm. They lack the energetic frequency to enter our higher state. It is we who, through fluctuations in our own existential dimension-especially as Earth's energies shift so rapidly-become momentarily aware of them.

We must shift our focus to our own path toward the higher frequency we seek to attain. Even if they appear before us, we must disregard them. They are powerless unless we grant them attention. When ignored, they become angry, as being unseen and unfelt weakens them. Walking through them as though they are not there deprives them of energy, causing them to fade into the background of our lives. As we progress toward higher frequencies, they are left behind, unable to disturb us again.

They are like harmful bacteria within the body-causing illness when undetected. But just as there is a cure for disease, there is a remedy for their presence. We can firmly reject them and deny their intrusion every time we become aware of them, just as we can reject the onset of illness. When they

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lose our attention, they are deprived of the energy they need to sustain themselves.

These entities are currently visible and perceptible due to the energy shifts taking place, which allow us to momentarily sense or enter lower energetic fields. This happens as we work to concentrate on our true selves-on becoming who God created us to be. We are in a period of transition, one marked by confusion and chaos as various dimensions exert influence over us. Our energies rise and fall as we navigate this turbulence, seeking grounding and stability in a new reality.

This new reality begins with the realization that we are more than our physical bodies and earthly lives. We are, in essence, our "Higher Self"-the aspect of our being that resonates with the higher frequencies of God. As we release the old belief systems that tied our identity solely to the physical body and mind, we awaken to the truth of who we are: spiritual beings of a higher order, ready to emerge as our true selves.